

Cucumber Lemon Mint Infused Water

Here's how you make it...

Ingredients

- 12 cups of water (3 quarts)
- 2 - 3 lemons (you can also substitute limes or mix a lemon/lime combination)
- 1 small cucumber or 1/2 of a medium to large cucumber
- 10 - 15 mint leaves



Directions

1. Rinse and slice the lemons and cucumbers very thinly (see picture).
2. Place lemons, cucumber, and mint in large pitcher. For a stronger flavor, muddle the ingredients.
*Muddling simply means to press the fruit and herbs against the side of the glass to release the flavors.
3. Cover with water.
4. Serve immediately or refrigerate at least 4 hours or overnight. The flavor will be stronger if you refrigerate overnight.
5. Enjoy this refreshing drink!

*This infused water tastes best the day or day after made.

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