

**SELF-LED, PRIVATE AND CONFIDENTIAL**

# Financial Coaching FREE

**How to survive life with some CHANGE left in your pocket! This individual financial program might be for you!**

**The Financial CHANGE Program provides individuals with support using:**

**Coaching**  
**Hands-on approach**  
**Accountability**  
**Networking**  
**Goal Setting**  
**Education**

**Financial Coaching is:**

- Goal oriented
- Participants identifying financial goals
- Participants able to use tools to reach their goals



Extension  
UNIVERSITY OF WISCONSIN-MADISON  
CRAWFORD COUNTY

**[crawford.extension.wisc.edu](http://crawford.extension.wisc.edu)**

## STEPS:

### STEP 1—CONTACT

**Amanda Griswold**

Extension Crawford County  
Human Development & Relationships Educator

225 North Beaumont Road, Suite 240  
Prairie du Chien, WI 53821  
Phone: 608-326-0223  
Email: [amanda.griswold@wisc.edu](mailto:amanda.griswold@wisc.edu)

### STEP 2—COMPLETE

**3 Money Matters Modulares**

[fyi.extension.wisc.edu/moneymatters/](http://fyi.extension.wisc.edu/moneymatters/)

#### TOPICS:

- Your Financial Strengths
- Explore Credit Scores and Credit Reports
- *When You Can't Pay Your Bills* - **must**
- Making a Spending Plan
- Stay Organized
- Retirement Planning Basics

### STEP 3—Explore

Explore Financial Capability—Overdue Bills  
<https://fyi.extension.wisc.edu/financialcapability/>

### STEP 4—FOLLOW-UP

**Appointment with Financial Coach,  
Amanda Griswold**

Can be completed by phone, zoom (online format)  
or in-person

### STEP 5—FINAL

**Receive completion card for  
Money Matters**

### FINANCIAL COACH

**Amanda Griswold**

**Financial counseling and classes/  
workshops are available for all ages.**

**608-326-0223**

**[amanda.griswold@wisc.edu](mailto:amanda.griswold@wisc.edu)**