

CAREGIVER CONNECTIONS

APRIL- JUNE 2024 WISCONSIN CHAPTER

ALZHEIMER'S ASSOCIATION STATE CONFERENCE

MAY 5-6TH, AT THE KALAHARI

Held annually, the Wisconsin State Conference attracts hundreds of family caregivers and professional and is one of the largest and most comprehensive statewide conferences dedicated to Alzheimer's and dementia.

You won't want to miss it! Register now!

<https://www.alz.org/wi/events/wisconsin-state-conference>

NEW! Virtual Alzheimer's Education Series
Experts share essential topics each month: [Flyer](#)

WI-Comm Education IN-PERSON Programs: [Flyer](#)

Statewide Support Groups: [Flyer](#)

Sign up for a **FREE Weekly ENewsletter**

Every Wednesday, you'll receive the latest information on Alzheimer's care and support, advances in research, as well as inspirational stories and resources for people living with the disease and their caregivers.

<https://www.alz.org/e-news>

HOT TOPICS WITH THE EXPERTS!

To Register: 24/7 Helpline 800.272.3900

Virtual Programs

April 30: 2-3:00pm - Julie Rosnowski-Olson
Geriatric Nurse Practitioner, MSN, BSN, RN
[Journey of the Care Continuum thru the Stages of Dementia](#)

May 22: 11am-12pm - Julia Johnson
SLP-CCC Dementia Care Consultant
[Are You Kidding...LOVE Myself?](#)

June 13: 11am-12pm - Lisa Groon
Senior Health Systems Director for ALZ Assoc.
[Alzheimer's Current Research and Updates](#)



24/7 HELPLINE 800.272.3900

Alzheimer's & Dementia Caregiver Resources

ONLINE RESOURCES

For People Living With Dementia:

Teepa Snow Free Events: Online activities, community groups, cafes.
<https://shop.teepasnow.com/events/category/people-living-with-dementia/>

Dementia Careblazers Videos:

Dr. Natalie is a board certified geropsychologist who shares hundreds of dementia tips, strategies, and info for family members caring for a loved one with any type of dementia.
<https://www.youtube.com/dementiacareblazers>

Alzheimer's Disease Research Center:

Upcoming Healthy Living with MCI (Mild Cognitive Impairment) classes offer attendees support, guidance and science-backed strategies for living and coping with a diagnosis of MCI.
<https://www.adrc.wisc.edu/mci>

HELPFUL TIPS

Thinking Ahead Roadmap: A Guide for Keeping Your Money Safe as You Age.
<https://thinkingaheadroadmap.org/money-path/intro>

Being Patient: Get brain health and dementia news, advice, stories & reports. <https://www.beingpatient.com/>

What to Expect: As Alzheimer's progresses, your role as caregiver changes. Learn what to expect and how to prepare.
<https://www.alz.org/help-support/caregiving>