



Human Development & Relationships *Crawford County*

Helping Families and Communities Grow Stronger

Crawford County Human Development & Relationships
helps families at every stage of life.

FOR MORE INFO, VISIT OUR WEBSITE:

<https://crawford.extension.wisc.edu/hdr/>



Extension

UNIVERSITY OF WISCONSIN-MADISON
CRAWFORD COUNTY



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Parenting & Family Relationships Classes

University of Wisconsin–Madison Extension
April & May 2025



EVERY DAY PARENTING



Raising Wisconsin's Children

These classes offer practical, research-based ideas to support your parenting and help children grow.

May 15 | 1 PM



Focus on Fathers

Join us for discussions on parenting, family life and how to handle modern challenges.

May 13 | 6 PM



Just In Time Parenting

The Just In Time Parenting Newsletter provides free, research-based parenting tips tailored to your child's age, delivered right to your inbox. Subscribe at <https://jitp.info/> for timely advice on raising a healthy, happy child.



Money Matters

Looking to improve your financial habits and money management? Join the FREE online hour long series. Each topic will be offered twice on the same day. Attend as many sessions as you can via Zoom!

Thursdays 10-11 AM & 6:30-7:30 PM

Session 1 | May 1

Know Your Money Habits & Behavior

Session 2 | May 8

Friends, Family, and Your Finances

Session 3 | May 15

Spotting and Fixing Financial Leaks

Session 4 | May 22

Free Digital Tools to Lower Your Financial Stress

COUPLES RELATIONSHIPS



Strong Couples

Six self-paced online modules and five coaching calls that teach you skills to improve your romantic relationship.

Visit <https://parenting.extension.wisc.edu/strong-couples/>

FAMILY TRANSITIONS



Parents Forever

Learn how to lessen the impact of divorce on children, co-parent without conflict, and improve self-care to foster resilience.

Wednesdays from 12-4 PM

May 28, September 24, or November 12

Register here! <https://go.wisc.edu/jzif5y>



Resilient Co-Parenting

Join us for ongoing support for your co-parenting journey.

June 5, August 17 | 7 PM

VISIT OUR CLASS CALENDAR TO SIGN UP

USE THE QR CODE OR THE LINK BELOW TO SIGN UP!



<http://parenting.extension.wisc.edu/class-calendar>

To make sure everyone has a great experience, we limit the number of spots in our classes. Registration is required.



Human Development & Relationships Institute
DIVISION OF EXTENSION
UNIVERSITY OF WISCONSIN-MADISON

2025 BOOSTER + PRACTICE SESSIONS

EFC Booster + Practice Sessions compliment the EFC training series that you, as a helping professional, attended in the past year. These Booster Sessions provide additional information, resources, and practice to use with your clients. Join us for these 1.5 hour zoom sessions to add to your toolbox of strategies!

TIME: 10:30 AM – 12 NOON

2025 REGISTER HERE: <http://go.wisc.edu/efcboosters>



MAY 8 REENTRY READY

Todd Wenzel, Winnebago County Financial Educator &

Jonathon Ferguson, Extension Financial Capability Specialist

Explore Extension's financial education programs and resources to support reentering individuals from Wisconsin correctional facilities.

AUGUST 21 ENGAGING OTHERS IN FINANCIAL CONVERSATIONS

Carol Bralich, Fond du Lac County Financial Educator &

Jeanne Walsh, Chippewa County Financial Educator

Practice starting financial conversations, asking questions to promote financial goals and using listening skills with clients.

NOVEMBER 13 REBUILDING CREDIT

Todd Wenzel, Winnebago County Financial Educator &

Amanda Kostman, Walworth County Financial Educator

Learn strategies to help your clients rebuild their credit.

Helping professionals are ideally suited to engage their clients in financial conversations because of the relationship that is forged during your time together.

RENT SMART

Taught by Extension Educators
Helping to make renting a great experience for you!



Check out the link below or the QR Code to the left for upcoming class dates & times June 2025 – Mondays and Wednesdays 9-10 am – June 9, 11, 16, 18, 23 and 25 (check in June 2 9-10 am)

Online, live instruction via Zoom; links will be sent after registration

To register for FREE, use this link or scan the QR code:
<https://go.wisc.edu/Rentsmartregister>

- Planning for and meeting monthly expenses
- Tips for finding and maintaining affordable housing
- How to complete an application and why landlords screen applicants
- Strategies for building positive relationships with landlords and neighbors
- Responsibilities and rights of landlords and tenants
- Participants must complete all 6 modules to earn the Rent Smart certificate
- For more information, please contact todd.wenzel@wisc.edu (920.232.1982)

STRONG *People*™

STRONG BODIES



Join us for the StrongBodies Program!

StrongBodies has been shown to increase strength, muscle mass, and bone density. Classes are held twice weekly and include progressive resistance training, balance training, and flexibility exercises.

Questions? Contact Jen Whitty at jennifer.whitty@wisc.edu

Virtual StrongBodies - Spring 2025 Series

Dates: April 8 - June 26, 2025

Time: Tuesdays and Thursdays, 9:00 – 10:15 am

How to Sign Up: Register online at
<https://go.wisc.edu/z2nm3m>

A welcome email with the Zoom link to join class will be sent in the week prior to the series or within 3-5 days if registering after April 1st, 2025

