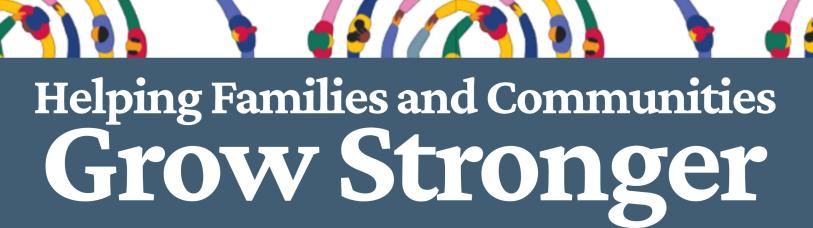


Human Development & Relationships

Crawford County



Crawford County Human Development & Relationships helps families at every stage of life.

FOR MORE INFO, VISIT OUR WEBSITE: https://crawford.extension.wisc.edu/hdr/





Amanda Griswold

Human Development & Relationships Educator amanda.griswold@wisc.edu 608.326.0223

Parending & Family Relationships Classes

University of Wisconsin-Madison Extension April & May 2025



EVERY DAY PARENTING



Raising Wisconsin's Children

These classes offer practical, research-based ideas to support your parenting and help children grow.

May 15 | 1 PM



Focus on Fathers

Join us for discussions on parenting, family life and how to handle modern challenges.

May 13 | 6 PM



Just In Time Parenting

The Just In Time Parenting Newsletter provides free, research-based parenting tips tailored to your child's age, delivered right to your inbox. Subscribe at https://jitp.info/ for timely advice on raising a healthy, happy child.

COUPLES RELATIONSHIPS



Strong Couples

Six self-paced online modules and five coaching calls that teach you skills to improve your romantic relationship.

Visit https://parenting.extension.wisc.edu/strong-couples/

FAMILY TRANSITIONS



Parents Forever

Learn how to lessen the impact of divorce on children, co-parent without conflict, and improve self-care to foster resilience.

Wednesdays from 12-4 PM May 28, September 24, or November 12

Register here! https://go.wisc.edu/jzif5y



Money Matters

Looking to improve your financial habits and money management? Join the FREE online hour long series. Each topic will b4e offered twice on the same day. Attend as many sessions as you can via Zoom!

Thursdays 10-11 AM & 6:30-7:30 PM Session 1 | May 1

Know Your Money Habits & Behavior Session 2 | May 8

Friends, Family, and Your Finances Session 3 | May 15

Spotting and Fixing Financial Leaks Session 4 | May 22

Free Digital Tools to Lower Your Financial Stress

VISIT OUR CLASS CALENDAR TO SIGN UP

USE THE QR CODE OR THE LINK BELOW TO SIGN UP!



http://parenting.extension. wisc.edu/class-calendar

To make sure everyone has a great experience, we limit the number of spots in our classes. Registration is required.



Resilient Co-Parentina

Join us for ongoing support for your co-parenting journey.

June 5, August 17 | 7 PM







2025 BOOSTER + PRACTICE SESSIONS

EFC Booster + Practice Sessions compliment the EFC training series that you, as a helping professional, attended in the past year. These Booster Sessions provide additional information, resources, and practice to use with your clients. Join us for these 1.5 hour zoom sessions to add to your toolbox of strategies!

TIME: 10:30 AM - 12 NOON

2025

REGISTER HERE: http://go.wisc.edu/efcboosters



MAY 8 REENTRY READY

Todd Wenzel, Winnebago County Financial Educator &

Jonathon Ferguson, Extension Financial Capability Specialist

Explore Extension's financial education programs and resources to support reentering individuals from Wisconsin correctional facilities.

AUGUST 21 ENGAGING OTHERS IN FINANCIAL CONVERSATIONS

Carol Bralich, Fond du Lac County Financial Educator & Jeanne Walsh, Chippewa County Financial Educator Practice starting financial conversations, asking questions to promote financial goals and using listening skills with clients.

NOVEMBER 13 REBUILDING CREDIT

Todd Wenzel, Winnebago County Financial Educator & Amanda Kostman, Walworth County Financial Educator Learn strategies to help your clients rebuild their credit.

Helping professionals are ideally suited to engage their clients in financial conversations because of the relationship that is forged during your time together.

An EEO/AA employer, University of Wisconsin–Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements. Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Requests will be kept confidential.

RENT SMART



Taught by Extension Educators

Helping to make renting a great experience for you!

Check out the link below or the QR Code to the left for upcoming class dates & times June 2025 – Mondays and Wednesdays 9-10 am – June 9, 11, 16, 18, 23 and 25 (check in June 2 9-10 am)

Online, live instruction via Zoom; links will be sent after registration To register for FREE, use this link or scan the QR code:

https://go.wisc.edu/Rentsmartregister

Planning for and meeting monthly expenses

Tips for finding and maintaining affordable housing

How to complete an application and why landlords screen applicants

Strategies for building positive relationships with landlords and neighbors

Responsibilities and rights of landlords and tenants

Participants must complete all 6 modules to earn the Rent Smart certificate

For more information, please contact todd.wenzel@wisc.edu (920.232.1982)



Join us for the StrongBodies Program!

StrongBodies has been shown to increase strength, muscle mass, and bone density. Classes are held twice weekly and include progressive resistance training, balance training, and flexibility exercises.

Questions? Contact Jen Whitty at jennifer.whitty@wisc.edu

Virtual StrongBodies - Spring 2025 Series

Dates: April 8 - June 26, 2025

Time: Tuesdays and Thursdays, 9:00 - 10:15 am

How to Sign Up: Register online at

https://go.wisc.edu/z2nm3m

A welcome email with the Zoom link to join class will be sent in the week prior to the series or within 3-5 days if registering after April 1st, 2025

