

Human Development & Relationships *Crawford County*



Summer Is a Great Time to Grow!

Summer is a perfect time to focus on strengthening your family—both emotionally and financially.

Your local Human Development and Relationships Educator in Crawford County is here to support you with resources that build parenting skills, strengthen family connections, and improve financial wellness across the lifespan.

Whether you're looking for simple parenting tips, ways to build healthy routines, or ideas for teaching children about money, we have tools and resources to support you every step of the way.

Check out these helpful resources and opportunities available this summer!



FOR MORE INFO, VISIT OUR WEBSITE:

<https://crawford.extension.wisc.edu/hdr/>



Extension
UNIVERSITY OF WISCONSIN-MADISON
CRAWFORD COUNTY



Amanda Griswold
Human Development &
Relationships Educator
amanda.griswold@wisc.edu
608.326.0223

The University of Wisconsin–Madison Division of Extension provides equal opportunities in employment and programming in compliance with state and federal law.

You may request materials in an alternative language and/or format to make them more accessible. Contact us at crawford@extension.wisc.edu or 608.326.0223. Most services are provided at no cost to you.

A New Resource for Families:



Family CHECK-UP®



We're pleased to introduce the Family Check-Up—a new way to support and strengthen families in our area.

Designed for families with children ages 2–17, the Family Check-Up offers a supportive, strengths-based approach to parenting. This program helps you build on what's going well while exploring strategies like creating routines, supporting positive behavior, and strengthening family relationships.

Each Family Check-Up is personalized to your family's unique needs and goals—giving you practical tools and support that fit your everyday life.

Interested in getting started?

Signing up is easy! Simply complete the Family Check-Up interest form to begin. After you sign up, please allow 2–3 business days to receive a follow-up email with next steps.

As a new resource in our area, this program also offers the opportunity to connect with additional supports and services if you choose.

We're glad you're here—we look forward to connecting with you!



<https://welcome.thefamilycheckup.com/fcu-online>



Parenting and Family Support

Free or Low Cost • Virtual
Easy to Access for Families



Raise Thriving Kids

Looking for practical parenting strategies?

The University of Wisconsin-Madison Extension offers free and low-cost classes for parents and caregivers across Wisconsin. Learn proven approaches backed by science and choose what works best for your family.

Our classes cover **everyday parenting**, **big family changes**, **kids' mental health**, and more. **Join us today!**

What To Expect

- ✓ Backed by research
- ✓ Positive and strengths-based
- ✓ Practical ideas you can use every day

Register Today!

Scan the QR code or visit:
<https://parenting.extension.wisc.edu>

SCAN
ME!



Summer Classes *June - August 2026*



Raising Wisconsin's Children
Lunch-and-learn series about child development and positive parenting.
Monthly • June 18, July 16, August 20 • 1 PM



Focus on Fathers
Topics related to fatherhood, open to everyone!
Monthly • June 9, July 14, August 11 • 1 PM



Fear-Less
Learn strategies to reduce children's anxiety.
Weekly • Begins June 10 • 11 AM



How to Help a Child Who Feels Down
Learn skills to help your child feel better.
Weekly • Begins August 19 • 12 PM or 7 PM



Parents Forever
For parents navigating separation or divorce.
July 29, September 16, November 17 • Noon - 4 PM



Resilient Co-Parenting
For parents raising kids together while living apart.
Monthly • June 4, August 6 • 7 PM



Strong Couples
Build a stronger relationship.
Visit parenting.extension.wisc.edu/strong-couples

Parenting and Family Support

Class Descriptions

Everyday Parenting

Raising Wisconsin's Children

Lunch-and-learn series for caregivers.

- The power of child-led play
- Strategies for kindergarten transition
- Supporting mental health in the digital age

Monthly • June 18, July 16, August 20 • 1 PM

Focus on Fathers

Topics related to fatherhood, open to everyone!

- Teaching kids perspective
- Helping kids make good choices
- Handling kids' big emotions

Monthly • June 9, July 14, August 11 • 1 PM

Kids' Mental Health

Fear-Less

Learn strategies to reduce children's anxiety.

- Understand anxiety and what causes it
- Adopt parenting strategies to reduce anxiety
- Learn to problem solve with your kids

Weekly • Begins June 10 • 11 AM

How to Help a Child Who Feels Down

Learn skills to help your child feel better.

- Understand the factors that influence mood
- Learn how to help improve your child's mood

Weekly • Begins August 19 • 12 PM or 7 PM

Big Family Changes

Parents Forever

For parents navigating separation or divorce.

- Center your children's well-being
- Improve communication with your co-parent
- Find simple ways to take care of yourself

July 29

September 16

November 17

All sessions :

Noon to 4pm

Resilient Co-Parenting

For parents raising children together while living apart.

- Stress less about money
- Healthy coping during transitions

Monthly • June 4, August 6 • 7 PM

Healthy Relationships

Strong Couples

Build a stronger relationship.

- Learn simple communication strategies
- Problem-solve together
- Six modules and five coaching calls

Visit parenting.extension.wisc.edu/strong-couples

Register Today!

Scan the QR code or visit:

<https://parenting.extension.wisc.edu>





Co-Parenting

No Longer Together, but Parents Forever™

This class provides parents with insights and skills to meet their child's needs and lead happier, less stressful lives through each stage of the transition.

For Parents in Transition:

- Currently going through a divorce
- Never married
- Separated
- Already divorced

Registration:

- Register online early, at least 10 days before the schedule class.
- If none of the dates work, please contact our office.
- Scan the QR code or visit the website to register online.
- If known, have your case file number available.
- Class materials cost \$20 if picking up, \$35 if having them mailed.



<https://go.wisc.edu/h84u1d>



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2026 Schedule

Noon to 4:00pm

July 29

September 16

November 17

**Dates & times are subject to change!*

Class offered by:

Amanda Griswold

Human Development & Relationships Educator
608.326.0223

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225 N Beaumont Rd, Suite 240
Prairie du Chien, WI 53821

<https://crawford.extension.wisc.edu>

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Focus on Fathers

Thriving kids start with connected parents - join us!

Focus on Fathers is a welcoming **parenting community** for everyone interested in learning about fatherhood. This series explores how dads and all caregivers can help their children develop strong social and emotion skills. Swap ideas and choose what works for you! Open to everyone.



Upcoming sessions:

- June 9: Fathers **teach perspective**
- July 14: Fathers help children **make good choices**
- Aug 11: Fathers help children **handle emotions**
- Sept 8: Fathers teach children to **be good citizens**
- Oct 13: Fathers teach **perseverance**
- Nov 10: Fathers teach children about **social cues**

<p>DATE & TIME 2nd Tuesday of each month 1 PM - 2 PM</p>	<p>LOCATION Virtual and free JOIN ON ZOOM</p>	<p>CONTACT Adam Trunzo adam.trunzo@wisc.edu</p>
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JOIN ANYTIME!
Register by scanning the code or visiting the link.



<https://go.wisc.edu/q07qp0>

This event is open to all. The University of Wisconsin–Madison Division of Extension provides equal opportunities in employment and programming in compliance with state and federal law. You may request an interpreter, materials in an alternative language and/or format, and/or other services to make this event more accessible. Contact oaic@extension.wisc.edu. Make your request 25 days before the event. There is no added cost to you for these services.



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RAISING WISCONSIN'S CHILDREN



Take part in a free online parenting series explore key topics, enhance family connections, and receive a certificate!

2026 SCHEDULE

CLASSES ARE VIRTUAL AND FREE
1:00-2:00 PM

June 18 | Play Their Way!

The Power of Child-Let Play

July 16 | The Kindergarten Transition:

Strategies for a Smooth Start

August 20 | Supporting Mental Health & Stronger Connections in the Digital World



Questions?

Please Contact:

Missy Bablick

715-788-6217

missy.bablick@wisc.edu

REGISTER HERE:

[HTTP://GO.WISC.EDU/PARENTING-CLASSES](http://go.wisc.edu/parenting-classes)



Triple P TEENAGERS

Positive Parenting Program for Parents of Teenagers

SEPTEMBER 2026

Join our interest list to receive the official session dates when they are released in August and be ready to complete your registration for the September session.

This evidence-based program will help you develop a personal parenting plan to assist you with parenting your teenager about smoking or vaping, drinking alcohol, drugs or other!

REGISTER NOW!



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<https://go.wisc.edu/fi74ud>

Financial Education July–September 2026

Meet your financial goals with classes provided by experienced educators.



Rent Smart Train-the Trainer

In this training you'll learn how to teach renters about their rights and responsibilities, build strong rental habits, and support housing stability. After the course you'll receive access to all program materials to offer Rent Smart in your community.

July 6, 13, 20 & 27 | 10:00- 1:00 | Virtual

Free • To register: go.wisc.edu/rsttt



Financial Coaching Foundations

In this highly interactive course participants will:

- Practice foundational coaching skills for deeper listening and impactful questions.
- Apply proven strategies for helping clients achieve goals and lasting behavior change.
- Develop techniques for increasing client motivation.
- Apply the A|4 Coaching Model during in-class coaching sessions.

Aug. 6, 10, 13, 17 & 20 | 10 a.m.-12:30 p.m. | Virtual

Cost: \$325 • To register: go.wisc.edu/21m17e

Visit Our Class Calendar to Sign Up!



<https://finances.extension.wisc.edu/classcalendar/>

Rent Smart for Landlords

This day-long, comprehensive course is for newer landlords like you who are looking to have successful relationships with long-term tenants. Topics covered include housing inspection, applicant screening, rental agreements, and more. A certificate of completion will be awarded at the end of the course.

Sept. 12, 9 a.m.-4 p.m.

Cost: \$30 | To register: go.wisc.edu/d9059g

Location:

James P. Coughlin Center
625 E County Road Y
Oshkosh, WI
Room A/B



Money Matters Live

Money Matters Live is a series of FREE virtual financial education workshops that help you build your money management skills and develop solid financial habits.

- **July 7:** Saving Basics
- **Aug. 4:** Fraud & Scam Prevention
- **Sept. 1:** Money Habits & Behavior

Time: 10 a.m.-11 a.m. or 6:30 p.m.-7:30 p.m.

Free • To register: go.wisc.edu/mmlive

Rent Smart

Helping to make renting a great experience for you!

August: 4, 6, 11, 13, 18, 20 | 11:00-12:00 (Tues/Thurs)

September: 9, 11, 16, 18, 23, 25 | 9:00-10:00 (Wed/Fri)

Free--To register:

<https://go.wisc.edu/RentSmartRegister>

Financial Education Classes

June 2026 Virtual Classes



Visit Our Class Calendar to Sign Up!



USE THE QR CODE OR THE LINK BELOW TO SIGN UP!

<https://finances.extension.wisc.edu/classcalendar/>



Planning AHEAD

This 7-week program will help you make important end-of-life decisions so your loved ones won't have to face them alone. Topics include getting started with planning, handling financial changes, creating advance medical and legal directives, estate planning, exploring choices in end-of-life care, documenting your final wishes, and understanding the grief process.

Check website for upcoming programs.

Cost: \$30



CRAWFORD COUNTY CELEBRATES FIRST BABIES AND PROMOTES EDUCATION SAVINGS

We recently welcomed the first babies born in our community this May and celebrated them with more than just a warm welcome—we also helped kick-start their future education savings.

Through collaboration with Edvest 529, Crossing Rivers Health, and local supporters, these families received scholarships, baby essentials, books, and resources to support healthy development.

Research shows that even small savings for education can make a big difference.

By starting early, we're helping families build strong foundations for their children's futures.

Want to learn more about saving your child's future or accessing parenting resources?

Reach out to Amanda Griswold at UW-Madison Extension: ☎ 608-326-0223

 <https://crawford.extension.wisc.edu/financial/>



FATHERS IN FOCUS CONFERENCE 2026



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A Conference by Fathers, for Fathers

Fathers in Focus is a **FREE** conference designed for fathers and open to all, including family advocates, community leaders, and experts to engage in meaningful discussions, workshops, and networking opportunities about fatherhood.

Lunch provided!



**SATURDAY,
OCT. 10**
8 AM - 4 PM



**MADISON AREA
TECHNICAL COLLEGE**
1701 WRIGHT ST,
MADISON, WI 53704

Choose from Six Tracks



- Co-Parenting
- Relationship & Parenting Skill Building
- Child Support & Finances
- Custody Challenges
- Mental Health
- Justice Involved families

Learn from Keynote Speaker



MIKE DE LA ROCHA

Author: Sacred Lessons: Teaching My Father
How to Love (Simon & Schuster, 2025)

COLLABORATORS



SPONSORS



LEARN



DISCUSS



ENGAGE



TEACH



go.wisc.edu/fathers



fathersinfocus@extension.wisc.edu

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KIDS in the GARDEN


Summer Garden Program location:
Memorial Gardens, St Feriolo Island



FREE

**Summer Garden Program
for kids ages 5 to 14.**

A parent or an adult is required
to stay with children.



Sponsored By:

Crawford County Master Gardeners 

**& City of Prairie du Chien
Parks & Rec Department**

Wednesdays!
9:30-11:00am

- 
- June 17 Constructing a Bug Condo**
 - July 1 Let's Talk about Robins**
 - July 15 Miniature Gardens** *Preregistration required!
 - July 29 Frogs & Toads**
 - August 12 Apples! Apples! Apples!**





Crawford County 4-H

SUMMER DAY CAMPS

OPEN TO ALL YOUTH!

**JUNE
10 & 11**

12:30 PM
-
4:30 PM

Science of Baking: 4-H in the Kitchen
Get ready to mix, measure, and experiment!
Location: Century Hall, Wauzeka

**JUNE
24**

9:00 AM
-
4:00 PM

STEM • Grades 3-8
Join us for a jammed packed day of hands-on, minds-on activities that will challenge youth!
Location: Seneca Town Hall

**JULY
8**

10:00 AM
12:00 AM

STEM • Grades 3-8
Join us for a jammed packed day of hands-on, minds-on activities that will challenge youth!
Location: Community Commerce Center, Gays Mills

**JULY
9**

9:00 AM
-
4:00 PM

Science of Baking: 4-H in the Kitchen
Get ready to mix, measure, and experiment!
Location: Community Commerce Center, Gays Mills

**JULY
20**

ALL
DAY

Into the Lab • Grades 5-9
Visit UW-Madison chemistry, chemical engineering, biotech and mechanical engineering labs for some hands-on learning fun!
Location: UW Madison Campus

**JULY
22**

9:00 AM
-
4:00 PM

Cloverbud Day Camp • Grades 5K-2
Cloverbuds will play awesome group games, create tie-dye, explore nature, try fun STEM activities, and so much more!
Location: UW Madison Campus

**AUGUST
3-6**

9:00 AM
-
4:00 PM

Lights, Camera, Action! • Grades 3-12
This four-day camp will give youth the chance to explore the world of theater through theater games, improv, and production-based training, culminating in a public performance.
Location: Seneca School, gym/stage
Performance: Prairie du Chien High School

**QUESTIONS
&
MORE INFO**



Amy Mitchell
4-H Youth Development Educator
608.326.0228 | amy.mitchell@wisc.edu



BACKYARD GARDENS. COMMUNITY TABLES.

SHARE THE HARVEST.

Neighborhood Harvest is calling on Crawford County gardeners to share their excess garden produce this season and donate the surplus to be sold at one of the participating farmers markets: **GAYS MILLS, PRAIRIE DU CHIEN, OR SOLDIERS GROVE.**

Proceeds will benefit the market and Neighborhood Harvest. Excess produce will be donated to local Food Pantries.

YOU DON'T NEED A BIG GARDEN.

When dozens of gardeners contribute a little excess, the combined harvest means more local, fresh, and healthy foods available to our community. Seeds and seedlings are available if needed!

GARDENERS & VOLUNTEERS NEEDED & WELCOME

GET INVOLVED & LEARN MORE:

<https://go.wisc.edu/3o8zt9>



<https://www.facebook.com/CrawfordCountyFarmersMarketsGROW/>

Sara Tedeschi | 608.326.1134 | sara.tedeschi@wisc.edu

A program of the Crawford County Farmers Markets Grow, 501c3 nonprofit organization supporting our local markets.

Supported by the Food, Faith, & Farming Network Grant

Helping Children Develop Healthy Screen Time Habits

For parents of children 3-10 years



Get your summer off to a good start!

This Triple P program will help you:

- set reasonable screentime limits
- understand why problems happen
- prevent issues
- teach healthy screen habits
- manage conflict over screens
- keep your child safe online



Tuesdays, June 16 & 23 12-1 PM over Zoom

2 Part Series - Plan to Attend Both Sessions!



Scan QR Code to
register or go to:
go.wisc.edu/r5b5ad

Questions? Contact:
hannah.zellmer@wisc.edu



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